

EMERGENCY SERVICES

Ambulance/Fire/Sheriff/Police	911
Crisis Help - Referral & Resources	211
Suicide and Crisis Lifeline (call or text)	988
Crisis Line @ Northeast Human Services	701-775-0525
Toll free:	800-845-3731
Non-Emergency Grafton Police	701-352-1411
Non-Emergency Sheriff	701-352-2041
Poison Control	800-222-1222
Red Cross	701-364-1800
Road Report	www.dot.nd.gov/road 511
Salvation Army	701-213-3467
Northlands Rescue Mission	701-772-6609

ABUSE SERVICES

Adult Protective Services	855-462-5465
Child Abuse Reporting Line	833-958-3500
Domestic Violence & Sexual Assault	
DVAC	701-352-3059
Toll free:	866-435-7490
Northern Valley Human Services	701-352-5111

GOVERNMENT OFFICES (Walsh County)

Housing Authority	701-352-3260
Juvenile Court	701-352-0671
Marriage Licenses/Passports	701-352-2380
Motor Vehicle Office	701-352-0781
States Attorney	701-352-1300
Tax Equalization	701-352-1077
Vital Records (Birth, Death)	701-328-2360

VETERAN'S SERVICES

Grafton VA Clinic	701-352-4059
Veterans Crisis Line (press 1)	800-273-8255
Walsh County Veteran Service	701-352-5030

EMPLOYMENT SERVICES

Grand Forks Job Service	701-795-3700
Toll free:	800-366-6888
Veterans Employment Service	701-795-3700
Vocational Rehab Grand Forks	701-795-3100

NUTRITION & TRANSPORTATION

Emergency Food Pantry	701-352-1648
Home Delivered Meals	701-284-7999
NDAD Transportation	701-212-1921
Nutrition Assistance Program	701-352-5111
RRV Community Action	701-746-5431
Salvation Army	701-352-1411
Grand Forks:	701-213-3467
Senior Citizen Meal Sites	701-284-7999
Walsh County Transportation	701-284-7980
Women Infants & Children (WIC)	701-352-5139

MENTAL HEALTH & CHEMICAL DEPENDENCY SERVICES

Suicide and Crisis Lifeline (call or text)	988
Crisis Help - Referral & Resources	211
First Care Health Center	701-284-7500
Unity Medical Center	701-352-2000
Senior Life Solutions (60 plus)	701-284-4569
Outpatient at FCHC	
Lipp, Carlson, Witucki	701-746-8376
Northeast Human Services	701-795-3000
Toll free Crisis	800-845-3731
24/7 Crisis Line	701-775-0525
Agassiz Associates	701-746-6336
Recovery Talk/Peer Support	701-291-7901
Call or Text	
Alcoholics Anonymous Hotline	701-330-4339
Quinn Counseling (Alcohol)	701-352-9622
Spectra (Opioid & Alcohol)	701-757-2100
Community Health (Alcohol & Opioids)	
Grafton Office	701-352-4048
Celebrate Recovery Grafton	701-352-0307
Community Connect (online)	
https://www.hhs.nd.gov/community-connect/apply	
Better Together ND	701-404-9180
Recovery Housing Asst. Program	701-328-8999
Free Through Recovery	701-298-4672
(Criminal justice involved people)	
ND Quits (Tobacco Quit Line)	800-784-8669

DISABILITY SERVICES

Assistive (IPAT)	701-365-4728
Toll free:	800-895-4728
Cares Clinic- DD Clients Only	701-352-4326
HERO (Medical Equipment)	701-212-1921
ND Association for the Disabled	701-775-5577
Northeast Human Services	701-795-3000
Options Resource Center	701-265-4618
Social Security Administration	888-617-0456
Yorhom Medical Essentials	701-780-2500

CHILDREN'S SERVICES

Car Seat Checks, Grafton	701-352-5139
Car Seat Checks, Park River	701-284-7500
Child Care Aware	800-997-8515
Family Voices	888-522-9654
Head Start	701-352-0450
Infant Screening (Anne Carlson)	701-757-4200
NDSU Extension 4H	701-284-6624
Parenting Information	parents.lead.org
Right Tracks (0-3)	701-795-3000
Safe Kids, Grand Forks	701-780-1489
Upper Valley Special Ed	701-352-2574
Pregnancy Help Center	701-284-6601

LEGAL AID

Over 60	866-621-9886
Under 60	800-634-5263

MEDICAL SERVICES

Altru Home Health	701-352-9399
Community Health Service	701-352-4048
First Care Health Center	
Clinic	701-284-7555
Hospital	701-284-7500
Foot Clinic	701-284-4566
Grafton VA Clinic	701-352-4059
Hospice of the Red River Valley	800-237-4629
Park River Family Clinic	701-284-6663
Unity Medical Center	
Clinic	701-352-2000
Hospital	701-352-1620
Foot Clinic	701-352-1620

Spectra Health (Sliding Scale) 701-757-2100
Walsh County Public Health 701-352-5139

PHARMACY SERVICES

Grafton Drug 701-352-0831
Prescription Connection 888-575-6611
Thrifty White Drug 701-352-1760
Ye Olde Medicine Center 701-284-7676

EYE CLINICS

Heartland Eye Care, Grafton 701-352-1370
Heartland Eye Care, Park River 701-284-7330
After Hours Assistance 701-284-7429

DENTAL CLINICS

Kern Family Dentistry 701-352-2013
Lifetime Dental, Grafton 701-352-2450
Lifetime Dental, Park River 701-284-7777
Park River Dental, Park River 701-284-6131
Spectra Health (Sliding Scale) 701-757-2100

NURSING HOME/ASSISTED LIVING

Borg Nursing Home 701-993-8345
Edmore Memorial Rest Home 701-644-2202
Long Term Care Ombudsman 888-607-8610
Lutheran Sunset Nursing Home 701-352-1901
Northeast Human Services 701-795-3000
Osnabrock Comm. Living Center 701-496-3131
Park River Good Samaritan 701-284-7115

SOCIAL SERVICES & SENIOR SERVICES

Aging & Disability Resource Link 855-462-5465
First Care Health Center 701-284-7500
Medicaid (Medical Services) 800-755-2604
Medicare 800-633-4227
ND Assistive 800-895-4728
Northeast Human Services 701-795-3000
Assisted Living Services
Family Caregiver Support Program
Long Term Care Ombudsman
Resources phone: 855-462-5465
Weblink: carechoice.nd.assistguide.net
Social Security Administration 888-617-0456

Northern Valley Human Services 701-352-5111
Medicaid, Fuel Assist., Child Serv., etc.
Red River Valley Comm Action 701-746-5431
Rent Assistance

Unity Medical Center 701-352-1620

HEALTH INSURANCE

Community Health Service 701-352-4048
Medicaid 701-352-5111
Women's Way 701-787-8118
800-449-6636
Health Insurance Marketplace healthcare.gov
Medicare Drug Plans medicare.gov
First Care Health Center 701-284-7500
Unity Medical Center 701-352-9371

SYRINGE SERVICE PROGRAMS

Grand Forks APC Project 701-787-8100
Mon-3-5pm, Tuesday 8-10am & 3-5pm
Thursday 3-5pm and Friday 1-5pm
Grand Forks Public Health @
151 S 4th St Suite 301N-3rd floor

Harm Reduction Center Fargo 701-298-6982
Mon & Thursday 4-8pm
Tuesday & Wed 1-5pm
Friday 8am-12 noon
510 5th St N, Fargo ND 58102

WELLNESS FACILITIES

Grafton Sites
Achieve Therapy & Fitness 701-379-0125
Collette Fitness Center 701-352-4521
Leistikow Park Outdoor Pool 701-352-1842
Namaste Massage & Yoga 701-352-0608
Skin Rehab 701-379-0140
The Ultimate Gym 701-360-3001

Park River Sites
Achieve Therapy & Fitness 701-284-6707
Park River Fitness Center 701-284-7676
Park River Outdoor Pool 701-284-6640

Hoople Sites
Hoople Outdoor Pool 701-894-6466

Walsh County Resource Guide



A collection of
resources & phone numbers
for services available to residents
in the Walsh County area.

Call Walsh County Public Health for
corrections/changes at 701-352-5139.



Public Health
Prevent. Promote. Protect.
Walsh County Health District

February 2024