

### EMERGENCY SERVICES

Ambulance/Fire/Sheriff/Police	911
Crisis Help - Referral & Resources	211
Suicide and Crisis Lifeline (call or text)	988
Crisis Line @ Northeast Human Services	
	701-775-0525
Toll free:	800-845-3731
Non-Emergency Grafton Police	701-352-1411
Non-Emergency Sheriff	701-352-2041
Poison Control	800-222-1222
Red Cross	701-364-1800
Road Report <i>www.dot.nd.gov/road</i>	511
Salvation Army	701-213-3467
Northlands Rescue Mission	701-772-6609

### ABUSE SERVICES

Adult Protective Services	855-462-5465
Child Abuse Reporting Line	833-958-3500
Domestic Violence & Sexual Assault	
DVAC	701-352-3059
Toll free:	866-435-7490
Northern Valley Human Services	701-352-5111

### GOVERNMENT OFFICES (Walsh County)

Housing Authority	701-352-3260
Juvenile Court	701-352-0671
Marriage Licenses/Passports	701-352-2380
Motor Vehicle Office	701-352-0781
States Attorney	701-352-1300
Tax Equalization	701-352-1077
Vital Records (Birth, Death)	701-328-2360

### VETERAN'S SERVICES

Grafton VA Clinic	701-352-4059
Veterans Crisis Line (press 1)	800-273-8255
Walsh County Veteran Service	701-352-5030

### EMPLOYMENT SERVICES

Grand Forks Job Service	701-795-3700
Toll free:	800-366-6888
Veterans Employment Service	701-795-3700
Vocational Rehab Grand Forks	701-795-3100

### NUTRITION & TRANSPORTATION

Emergency Food Pantry	701-352-1648
Home Delivered Meals	701-284-7999
NDAD Transportation	701-212-1921
Nutrition Assistance Program	701-352-5111
RRV Community Action	701-746-5431
Salvation Army	701-352-1411
Grand Forks:	701-213-3467
Senior Citizen Meal Sites	701-284-7999
Walsh County Transportation	701-284-7980
Women Infants & Children (WIC)	701-352-5139

### MENTAL HEALTH & CHEMICAL DEPENDENCY SERVICES

Suicide and Crisis Lifeline (call or text)	988
Crisis Help - Referral & Resources	211
First Care Health Center	701-284-7500
Unity Medical Center	701-352-2000
Senior Life Solutions (60 plus)	701-284-4569
Outpatient at FCHC	
Lipp, Carlson, Witucki	701-746-8376
Northeast Human Services	701-795-3000
Toll free Crisis	800-845-3731
24/7 Crisis Line	701-775-0525
Agassiz Associates	701-746-6336
Recovery Talk/Peer Support	701-291-7901
Call or Text	
Alcoholics Anonymous Hotline	701-330-4339
Quinn Counseling (Alcohol)	701-352-9622
Spectra (Opioid & Alcohol)	701-757-2100
Community Health (Alcohol & Opioids)	
Grafton Office	701-352-4048
Celebrate Recovery Grafton	701-352-0307
Community Connect (online)	
<a href="https://www.hhs.nd.gov/community-connect/apply">https://www.hhs.nd.gov/community-connect/apply</a>	
Better Together ND	701-404-9180
Recovery Housing Asst. Program	701-328-8999
Free Through Recovery	701-298-4672
(Criminal justice involved people)	
ND Quits (Tobacco Quit Line)	800-784-8669
Ideal Option (Opioid, Alcohol, & Other Substances)	
	701-987-7118

### DISABILITY SERVICES

Altru Specialty Services	701-732-7000
Assistive (IPAT)	800-895-4728
Cares Clinic- DD Clients Only	701-352-4326
HERO (Medical Equipment)	701-212-1921
LSTC Therapy Services	701-352-4551
LSTC Adaptive Equip. Services	701-352-4545
ND Association for the Disabled	701-775-5577
Northeast Human Services	701-795-3000
Options Resource Center	701-265-4618
Social Security Administration	888-617-0456
Yorhom Medical Essentials	701-780-2500

### CHILDREN'S SERVICES

Car Seat Checks, Grafton	701-352-5139
Car Seat Checks, Park River	701-284-7500
Child Care Aware	800-997-8515
Family Voices	888-522-9654
Infant Screening (Anne Carlson)	701-757-4200
LSTC Therapy Services	701-352-4551
NDSU Extension 4H	701-284-6624
Parenting Information	<i>parents.lead.org</i>
Right Tracks (0-3)	701-795-3000
Safe Kids, Grand Forks	701-780-1489
Tri-Valley Migrant Head Start	701-352-0238
Upper Valley Special Ed	701-352-2574
Pregnancy Help Center	701-284-6601

### LEGAL AID

Over 60	866-621-9886
Under 60	800-634-5263

### MEDICAL SERVICES

Altru Home Health	701-352-9399
Community Health Service	701-352-4048
First Care Health Center	
Clinic	701-284-7555
Hospital	701-284-7500
Foot Clinic	701-284-4566
Grafton VA Clinic	701-352-4059
Hospice of the Red River Valley	800-237-4629
Park River Family Clinic	701-284-6663

Unity Medical Center	
Clinic	701-352-2000
Hospital	701-352-1620
Foot Clinic	701-352-1620
Spectra Health (Sliding Scale)	701-757-2100
Walsh County Public Health	701-352-5139

**PHARMACY SERVICES**

Grafton Drug	701-352-0831
Prescription Connection	888-575-6611
Thrifty White Drug	701-352-1760
Ye Olde Medicine Center	701-284-7676

**EYE CLINICS**

Heartland Eye Care, Grafton	701-352-1370
Heartland Eye Care, Park River	701-284-7330
After Hours Assistance	701-284-7429

**DENTAL CLINICS**

Kern Family Dentistry	701-352-2013
Lifetime Dental, Grafton	701-352-2450
Lifetime Dental, Park River	701-284-7777
Park River Dental, Park River	701-284-6131
Spectra Health (Sliding Scale)	701-757-2100

**NURSING HOME/ASSISTED LIVING**

Borg Nursing Home	701-993-8345
Edmore Memorial Rest Home	701-644-2202
Long Term Care Ombudsman	888-607-8610
Lutheran Sunset Nursing Home	701-352-1901
Northeast Human Services	701-795-3000
Osnabrock Comm. Living Center	701-496-3131
Park River Good Samaritan	701-284-7115

**SOCIAL SERVICES & SENIOR SERVICES**

Aging & Disability Resource Link	855-462-5465
First Care Health Center	701-284-7500
Medicaid (Medical Services)	800-755-2604
Medicare	800-633-4227
ND Assistive	800-895-4728
Northeast Human Services	701-795-3000
Assisted Living Services	
Family Caregiver Support Program	

Long Term Care Ombudsman	
Resources phone:	855-462-5465
Weblink: <i>carechoice.nd.assistguide.net</i>	
Social Security Administration	888-617-0456
Northern Valley Human Services	701-352-5111
Medicaid, Fuel Assist., Child Serv., etc.	
Red River Valley Comm Action	701-746-5431
Rent Assistance	
Unity Medical Center	701-352-1620
Walsh County Health Home Visiting Program	701-352-5139

**HEALTH INSURANCE**

Community Health Service	701-352-4048
Medicaid	701-352-5111
Women's Way	701-787-8118
	800-449-6636
Health Insurance Marketplace	healthcare.gov
Medicare Drug Plans	medicare.gov
First Care Health Center	701-284-7500
Unity Medical Center	701-352-9371

**SYRINGE SERVICE PROGRAMS**

Grand Forks APC Project	701-787-8100
Call for hours of service	
Grand Forks Public Health @	
151 S 4 <sup>th</sup> St Suite 301N-3 <sup>rd</sup> floor	

Harm Reduction Center Fargo	701-298-6982
Call for hours of service	

**WELLNESS FACILITIES**

<u>Grafton Sites</u>	
Collette Fitness Center	701-352-4521
Leistikow Park Outdoor Pool	701-352-1842
Namaste Massage & Yoga	701-352-0608
Skin Rehab	701-379-0140
The Ultimate Gym	701-360-3001

<u>Park River Sites</u>	
Achieve Therapy & Fitness	701-284-6707
Park River Fitness Center	701-284-7676

<u>Hoople Sites</u>	
Hoople Outdoor Pool	701-894-6466

# Walsh County Resource Guide



A collection of  
resources & phone numbers  
for services available to residents  
in the Walsh County area.

Call Walsh County Public Health for  
corrections/changes at 701-352-5139.



**Public Health**  
Prevent. Promote. Protect.  
Walsh County Health District

December 2024